

## CALENDAR OF EVENTS

**Want an event listed for free?** We are currently looking for local activities, programs, events, concerts, etc. that will take place throughout 2010. If interested, please e-mail all the details to [Ken.Reeves@town.southold.ny.us](mailto:Ken.Reeves@town.southold.ny.us) regarding your specific event and we will try our best to include it in our quarterly brochure.



### **3RD ANNUAL**

### **HOPE FOR A CURE**

**“Cut-a-thon” at Hair Experience**

**Main Road and Marlene Lane, Mattituck**

**298-4575**

**Saturday, March 20**

**11:00 a.m. – 4:00 p.m.**

Do you feel **good** getting your hair done? Want to feel even **better**? Join us on **Saturday, March 20<sup>th</sup> for our 3<sup>rd</sup> Annual Cut-a-thon!** Hair Experience in Mattituck is generously donating 100% of your hair-styling costs to benefit the Southold Town Relay For Life. Let the experts at Hair Experience treat you to a “wash, cut, and style” while raising funds for a cure for cancer. Cash or checks to the American Cancer Society greatly appreciated...only \$45 for adults and \$30 for students! Free refreshments and giveaways! Walk-ins welcome or call 298-4575 for an appointment today! Sponsored by Southold Town’s “A Dream Is A Wish” Relay For Life Team!



### **North Fork Faith Based Free Health Screenings**

Please note -- as a new addition to the health screening service - members of Cancer Services Program of Eastern Suffolk County will be on hand for: Access to free breast, cervical and colorectal cancer screenings; Access to diagnostic exams for clients with abnormal screening results; Patient navigation services; Professional education; Public education; Outreach and recruitment; Access to treatment coverage through Medicaid

### **About Our Free Health Screenings**

Mattituck Presbyterian Church, located on Main Road, presents a free health and wellness screening program that is open to all people living in the East End communities. This program is at the Mattituck Presbyterian Church Social Hall on:

<b>Saturday April 17</b>	<b>9:00 a.m. – 2:00 p.m.</b>
<b>Saturday June 12</b>	<b>9:00 a.m. – 2:00 p.m.</b>
<b>Saturday August 14</b>	<b>9:00 a.m. – 2:00 p.m.</b>

- ◆The Program is FREE.
- ◆You do not need insurance.
- ◆You do not need an appointment

- ◆ You will not be charged any money or co-pay.
- ◆ You do not have to be a Church member.
- ◆ You will receive free Blood Pressure, Diabetes, Dental and Vision Screening.
- ◆ You will also receive general health and wellness information.
- ◆ You can ask questions about your health problems and you will be given answers to help you understand certain health concerns.
- ◆ This program is all about you and your health.
- ◆ Volunteer professional medical staff members will provide Health Screening for you, counseling, education about your health issues and a referral to medical attention if you do not have a doctor.
- ◆ Your health information and identity will not be shared with anyone unless you give written permission in advance.

**Mattituck Presbyterian Church**

12605 Main Road - Mattituck NY 11952

631-298-4145



**SOUTHOLD MOTHER CLUB**

**2ND ANNUAL BUNNY BREAKFAST**

**Saturday, March 27, 9:00 a.m. – 12:00 noon**

**Southold Town Recreation Center**

Bring the whole family and join us for bagels, donuts, coffee and juice! Meet the Easter Bunny! Easter Egg Hunt, 50/50 raffle and more!

Please RSVP to Cindy Agosta at 477-6406 or [Rustyteach@optonline.net](mailto:Rustyteach@optonline.net)